



## Global Support Unites with YMCA to Create a Community Hub for Seniors To Nurture Friendships and Nourish Bodies



### Anthony Pavich | Global Support Austin, TX

Anthony is a Principal on the Growth & Business Development Team at Global Support where he has been a Team Member for five years. As a board member at the East Austin Y, he sees firsthand the impact that **building a strong community** can make on the lives of its members. This motivated him to apply for a Community First Grant on behalf of the Y and its community garden. “It is imperative to expand **access to healthy food** in order to ensure that community members have the **opportunity to lead healthy lives**,” explains Anthony. Anthony also supports the East Austin Y as a chair for the Annual Campaign, soccer coach, and volunteer in the community garden.

### YMCA of Austin - East Communities Branch [austinyymca.org](http://austinyymca.org)

With a goal to **nurture thriving communities** of people who are socially connected and supported, the Austin YMCA branches provide free programs for all ages. In East Austin, the senior population has nearly tripled in the past decade and continues to grow. To complement the East Communities Branch’s indoor programming for seniors, they are planning an **outdoor garden**—a space for seniors to connect with nature, to each other and to **fresh, healthy food**. The garden will be designed to provide accommodations for **physical and social needs** of some of the branch’s senior population and will be **free** to all seniors. Community First Grant funds are being applied to the construction of this garden.



Whole Foods Market Team Members can nominate a local nonprofit increasing access to fresh, healthy food or nutrition education for a \$5,000 grant.

[WholeCitiesFoundation.org](http://WholeCitiesFoundation.org)