



## North Atlantic Region Partners with Nutrition Organization to Bring Alive the Belief That Food Heals



### Geoff Gardner | North Atlantic Regional Office Boston, MA

A Culinary Coordinator at the North Atlantic Regional Office, Geoff has been a Team Member for seven years. He believes that because he has a great job, his health and access to nutritious food, he has a responsibility to **pay that forward**. “As someone who loves food and respects the essential nourishing role that food plays in our lives, I am **passionate** about helping ensure everyone has access to it.” Geoff shares an understanding with Community Servings that **food is medicine**. The organization’s goal of providing appealing, healthy meals to individuals and families living with critical and chronic illnesses rings true to Geoff, and he looks forward to **supporting its mission** through the Community First Grant and additional Team Member support.

### Community Servings [servings.org](http://servings.org)

Massachusetts-based, Community Servings’ envisions a world in which **everyone has access** to the nutritious food they need for health and wellbeing as a **fundamental right**. As the state’s only food and nutrition organization providing comprehensive **medical nutrition therapy** to individuals and families living with critical and chronic illnesses, they help clients maintain their **health and dignity** and preserve the integrity of their families through culturally appropriate, home-delivered meals, nutrition education and other programs. The Community First Grant will help the organization’s “Farm to Fork” **nutrition education classes**, which **support participants** in making small changes in food purchasing and preparation for lasting impacts. Whole Cities Foundation proudly supports Community Servings as it **grows community health** through broader access to fresh food and nutritional education.



Whole Foods Market Team Members can nominate a local nonprofit increasing access to fresh, healthy food or nutrition education for a \$5,000 grant.

[WholeCitiesFoundation.org](http://WholeCitiesFoundation.org)